

Overcoming Temptation

2 Samuel 11:1-4, Blue Bible Page # 304

David's fall into adultery:

The Wrong _____ (2 Samuel 11:1) – the wrong *place* doing the wrong *things*

The Wrong _____ (2 Samuel 11:2) – The *location* led to a *look*

Shannon Ethridge - No temptation becomes sin without our permission

The Wrong _____ (2 Samuel 11:3) – The *look* became *lust*

The Wrong _____ (2 Samuel 11:4) – The *desire* became a *deed*

1 Corinthians 10:13 - No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it (NIV).

6 Steps to Defeating Temptation:

1. _____ God - defeating temptation with a greater strength
2. _____ your temptation - defeating temptation before you're tempted
3. _____ your struggle to a friend - defeating temptation with others

John Ortberg - "One of the first signs that we're in trouble with a temptation is that we don't reveal it to anybody else. We keep the snake a secret because at some level we want to retain the option of grabbing it. We keep temptation a secret because we want the option of giving in to it undiscovered."

4. _____ your attention - defeating temptation in your mind

Rick Warren - "The battle for sin is won or lost in your mind. Whatever gets your attention will get you."

5. _____ from it - defeating temptation in the moment
6. _____ the process - defeating temptation every time