

You are Filled with the Holy Spirit
John 16:5-15 – Blue Bible Page #1069

Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come. – 2 Corinthians 5:17

From FISTS UP to HANDS UP

Lord, I confess that I spend too much time defending and fighting my position, my attitudes, my opinions and my behavior. I confess that I often fight against You – Your plans and Your will. I confess that these hands do not reflect how You lived, and how I have experienced you. Instead, I choose to hold my hands up. I surrender all I have to You today.

I choose SURRENDER.

From HANDS CLENCHED to HANDS OPEN

Lord, I confess that I spend too much time trying to hold onto what I believe to be mine. I confess that I am fooled into thinking that I am defined by what I have and what I do. I confess that these hands do not reflect how You lived, and how I have experienced You. Instead I choose to hold my hands open. I choose to receive from You and give to others today.

I choose GENEROSITY.

From ARMS FOLDED to ARMS OPEN

Lord, I confess that I spend too much time preoccupied with my own issues. I confess my cynicism, entrenchment and entitlement. I confess that these hands do not reflect how You lived, and how I have experienced you. Instead I choose openness to Your ways and Your mission. I choose to embrace the adventure You call me into.

I choose MISSION.

(Prayers taken from Infinitum Daily Prayer - infinitumlife.com)