

***We Are . . . People of the Book***  
2 Timothy 3:1-17 – Blue Bible Page # 1179

I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me. – Galatians 2:20

A **PERSON** of the **BOOK** wants to be **FILLED UP** with Jesus.

**Steps for an Effective Chair Time:**

- **Find 15-30 minutes a day . . . every day.**
- **Read and reflect on 1-2 chapters of the Bible.** Start with one of the Gospels and move forward.
- **Use the S.O.A.P. Method for your reading.**

**S for SCRIPTURE** – Open your Bible to the reading for the day. Say a short prayer, inviting God to speak to you through His Word. Read the passage. When you are done, look for a verse that particularly spoke to you that day. Consider writing it in a journal.

**O for OBSERVATION** – What do you think God is saying to you in this scripture? Ask the Holy Spirit to teach you and reveal Jesus to you. Consider paraphrasing this Scripture in your own words in a journal.

**A for APPLICATION** – Personalize what you have read, by asking yourself how it applies to your life right now. Perhaps it is instruction, encouragement, revelation of a new promise, or corrections for a particular area of your life. Prayerfully ask yourself and God how this Scripture can apply to you today.

**P for PRAYER** – This can be as simple as asking God to help you use this Scripture, or it may be a greater insight on what He may be revealing to you. Remember, prayer is a two-way conversation, so be sure to listen to what God has to say! You can even consider writing that prayer in a journal so you can go back and reflect on it more later.

(Adapted from Wayne Cordeiro)