

**Let Go and Jump!**  
Lesson from John the Baptist  
John 1, John 1:29, John 3:30

**Letting go of everything requires trusting God *with* everything**

**1. As you follow Jesus, Know Who You Are** (John 1:20) – dealing with *who* you are.

QUESTION: does the Messiah complex ever pop up within you? If so, how do you deal with it

**2. As you follow Jesus, Point People to God** (John 1:29)! – dealing with *what* you do.

QUESTION: have you asked God to forgive you? Do you feel forgiven?

**3. As you follow Jesus, Keep What's Most Important, Most Important** (John 3:30) – dealing with *how* you live

QUESTION: what one area of your life does Jesus need to increase in?